

**SPORTS, ACTIVITY, OUTDOOR, FAMILY OR JUNIOR
FIRST AID 1 DAY COURSES
CPD CERTIFIED**

Duration:	Location:	Max. number of delegates:
<i>Minimum:</i> 6 hours	Westway CT Acklam Road Venue <i>(or Client Location dependent on Suitability)</i>	6 Westway CT Venue 12 Client on-site Venue
Aims <i>(purpose)</i>	This course will give individuals all the necessary first aid skills to deal with a whole range of sporting injuries and medical emergencies that can happen during sporting activities.	
Objectives <i>(Intended outcomes)</i>	Delegates will be able to demonstrate a working knowledge of :- <ul style="list-style-type: none"> 🌀 The Role of the First Aider 🌀 Asthma 🌀 Bleeding 🌀 Burns and Scalds 🌀 Chest Pains 🌀 Choking 🌀 Communication and Casualty Care 🌀 Emergencies in Public 🌀 Head Injury 🌀 Extremes of Heat and Cold 🌀 Primary Survey 🌀 Resuscitation 🌀 Sprains and Strains 🌀 The Unconscious Casualty. <p style="text-align: center;">🌀 Further Course Content Relevant to Course Titles Above</p>	
Who is the training intended for?	This course is appropriate for anyone involved in activities named in the above course titles.	
Benefits to clients	First aid training will give the confidence and skills needed for life saving emergencies, and could also help prevent minor problems or injuries from becoming major ones. Helps organisations meet their health and safety obligations concerning 'reasonably foreseeable' risks and implementing controls by training staff.	
Preparatory work	None	
Additional Info	<ul style="list-style-type: none"> - Certification valid for 3 years - CPD Certified - Course Booking Code: SPA1 	